"The Health Sciences Authority (HSA) has found Slim 10 to contain fenfluramine, a controlled substance under the Poisons Act, which can cause heart-valve problems, and nicotinamide, which is Vitamin B3.

The product is listed as a Chinese proprietary medicine (CPM) manufactured by Yue Zhi Tang Health Manufacuturing in Guangdong, China.

It was launched in Singapore last December as a slimming agent. But by April 15 this year, the HSA had ordered its importer, Health Biz, to withdraw it from the market.

If you suffer from malaise, yellowing of the skin and eyes, palpitations, agitation and trembling, the HSA's advise is to see a doctor.

Instead of throwing your Slim 10 away, the capsules can also be given to the HSA's Surveillance and Enforcement Division at the Centre for Pharmaceutical Administration at Jalan Bukit Merah.

For more information, call the centre on 6325-5604 or 6325-5408.